

### **Notice of Allowances and Restrictions of Indoor and Outdoor Activity**

May 6, 2021

In alignment with the State's recommendations, San Francisco began reopening at the State's Yellow Tier starting May 6, 2021 to allow some additional activities and increased capacity for others. The decision to reopen balances the public health risks of COVID-19 transmission with the public health risks of economic and mental health stress.

Even though COVID-19 case rates have come down, and more people are vaccinated, there remains a risk that people who you come into contact with may have COVID-19. Most COVID-19 infections are caused by people who have no symptoms of illness and to date, only about 50% of people you may come into contact with in San Francisco are fully vaccinated. We have also seen surges in other parts of the country and the world, increasingly impacting younger adults. Therefore, the opening of sectors does not necessarily signify that these activities are "safe" but getting fully vaccinated can help us get there.

We have made our best efforts to create guidance to help these activities and sectors provide safer environments for workers and the public. However, this requires that everyone do their part to make these activities as safe as possible, including wearing a well-fitted mask that covers your mouth and nose in all recommended settings (refer to Face Covering Health Order and <u>Gatherings Directives</u> for more information), avoiding indoor settings to the extent possible, maintaining at least 6 feet distance from those you don't live with, getting tested and isolating if you are ill, complying with additional health protocols required of open businesses.

People at risk for severe illness from COVID-19 — such as older adults, people with health risks, and those who live with or care for them are urged to get fully vaccinated. If you are fully vaccinated (i.e.,14 days have passed since your final dose), you can feel safer about your own health risks when participating in activities permitted by our state and local health departments. However, please consider the possible risk your exposure may have on those around you, especially those you live with and those who are unvaccinated, when you take part in activities that involve people outside your household.

Any prior changes in business capacities and other activities required under the amendments must have been implemented by their respective effective dates, and any new changes will take effect by May 6, 2021. If cases rise, the Health Officer may further restrict or suspend other activities currently allowed under Health Officer Order C19-07.

Important Notes: The Health Officer ordered suspensions or restrictions on capacity limits of the activities as shown in the table below. Suspended or restricted businesses may still engage in Minimum Basic Operations as defined in Health Officer Order C19-07. These suspensions or restrictions amend any related orders, directives, or guidance. All impacted people and entities are required to adhere to these new limits and must otherwise continue to monitor and comply with all applicable Health Orders and Directives. The Health Order and Directives take precedence over any discrepancies listed in the table below.

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Business Capacities and Activities Table			
Activity and Amended Order or Directive	Affected Groups	Indoor or Outdoor	Change as of effective date $\triangle = {\sf New Update}$
Retail Directive 2020-07 Directive 2020-17	Retail Stores, Indoor Shopping Centers, Grocery Stores, Libraries	Indoor Restricted	<ol> <li>Changes as of Thursday, May 6, 2021</li> <li>Capacity limits up to 50% (not including personnel).</li> <li>Self-serve bulk foods, reusable bags and containers allowed with restrictions.</li> <li>Eating or drinking allowed in cafes and restaurants inside retail (see indoor dining). △</li> <li>Indoor food courts capacity limits up to 50% (not including personnel). △</li> <li>Indoor common areas may open with distancing, and other safety protocols. △</li> <li>Libraries may open with capacity limits up to 50% (not including personnel) consistent with retail distancing, and other safety protocols. △</li> <li>Vaccination and Ventilation signage must be posted in area for personnel.</li> </ol>
		Outdoor Allowed	Change as of Sunday, November 29, 2020  1. Outdoor encouraged over indoor.
Office Facilities Directive 2020-18	Nonessential offices	Indoor/ Outdoor Restricted	<ul> <li>Changes as of Thursday, May 6, 2021</li> <li>1. Nonessential offices capacity limits up to 50% (excluding fully vaccinated individuals). △</li> <li>2. Indoor conference rooms and meetings capacity limits up to 50% (excluding fully vaccinated individuals). △</li> <li>3. Indoor breakrooms allowed up to 50% (including vaccinated individuals), 6 feet of distance required. If eating or drinking (see indoor dining). △</li> <li>4. Outdoor eating with others allowed (see outdoor dining). △</li> <li>5. Mask required. You can be unmasked only if you're working alone and other are not likely to use the same space after you. △</li> <li>6. Vaccination and Ventilation signage must be posted in area for personnel.</li> </ul>



	Hotels, Lodging		Changes as of Thursday, May 6, 2021
	Facilities		Lodging facilities may accept reservations for all visitors in accordance with CDPH Travel
	rucinties		Advisory.
			Lodging facilities must provide a copy of tips for staying in lodging Facilities and self-
			screening handout to all guests.
Hotolo and			3. If not vaccinated, it is strongly recommended to quarantine for 10 days for any travel.
Hotels and			4. Dining allowed (See Dining).
Lodging		Indoor	5. Indoor gyms, fitness centers, saunas, steam rooms and hot tubs allowed (see gyms /
Facilities		Restricted	fitness centers). △
Directive 2020-29			6. Conference rooms, business centers, lounge areas and other gathering places allowed for
Appendix C-1			convention and meeting events with capacity limits up to 200, 300, or 400 (excluding fully
			vaccinated individuals) based off indoor / outdoor, COVID-19 testing requirements,
			vaccination status and other restrictions. △
			7. Vaccination and Ventilation signage must be posted in area for personnel.
			8. In-room spa services allowed with restrictions.
			9. Some Hotel staff strongly recommended to wear well-fitted or N-95 masks.
	Restaurants, Bars,		Changes as of Thursday, May 6, 2021
	Wineries, Breweries,		1. Indoor dining capacity limits, <b>up to 50%</b> (not including personnel); must maintain at least 6
	and Distilleries,		feet distance between dining groups. △
	Shopping malls with		2. Indoor bars (without a meal) allowed <b>up to 25%</b> (max. 100 people, not including
	food, Hotels with		personnel) and consistent with indoor dining rules. △
	Restaurants,		3. Per table limit <b>up to 8 people</b> with <u>no household limit.</u> △
	Museums, Zoos and		4. Self-service and buffets allowed with sanitation, distancing, and other safety protocols. △
	Aquariums with		5. Live entertainment allowed including singing, speaking, chanting and wind instruments
	Restaurants, Gyms with food, Coffee	Indoor	(see indoor gatherings).
		Restricted	6. Tabletop cooking by personnel or patrons is allowed.
	Shops, Office		7. Personnel who interact with patrons are <b>required</b> to wear a well-fitted mask. △
	Cafeterias		8. Patrons with <u>health risks</u> and members of their household are <b>strongly encouraged</b> to get
			fully vaccinated. $\triangle$
			9. If any activity involves removal of masks, business is required to post <u>Ventilation Checklist</u>
			and implement at least one measure.
Dining			10. Required <u>Dining and Vaccination</u> signage must be posted.     11. Designate and implement a COVID-19 Worksite Safety Monitor.
Order C19-07			12. For take-out, no eating or drinking while waiting for your food.
Appendix C-1			13. <u>Vaccination</u> and <u>Ventilation signage</u> must be posted in area for personnel.
Directive 2020-16			Changes as of Thursday, May 6, 2021
			1. Outdoor restaurants, bars, breweries, distilleries and wineries allowed. All patrons must be
			seated to be served.
			2. Per table limit <b>up to 8 people</b> with <u>no household limit.</u> △
			3. Group reservations of (max. 25 people). Must implement measure to keep groups
		Outdoor	separated.
			4. Self-service and buffets allowed with sanitation, distancing, and other safety protocols. △
			5. Live entertainment allowed including singing, speaking, chanting and wind instruments.
		Restricted	(see outdoor gatherings).
			6. Tables must be spaced at least 6 feet apart between seated patrons; per State
			requirements, no barriers in lieu of 6 feet distance. Only exception is for barriers installed
			before Dec 6.
			7. Mask no longer required for patrons (see outdoor gatherings). △
			8. Patrons with <u>health risks</u> and members of their household are <b>strongly encouraged</b> to get
		1	fully vaccinated. △
			Designate and implement a COVID-19 Worksite Safety Monitor.



Gyms / Fitness Centers Order C19-07 Appendix C-1 Directive 2020-27 Directive 2020-31	Gyms, Fitness Centers, Climbing Gyms, Group Fitness Classes (including cardio, aerobic, spin, boot camp, kickboxing, stretching, yoga) Stationary Exercise Equipment (such as a stationary bikes or treadmills)	Indoor Restricted	<ul> <li>Changes as of Thursday, May 6, 2021</li> <li>1. Indoor gyms / fitness centers capacity limits up to 50% (not including personnel). △ <ul> <li>a. Masks required.</li> <li>b. 6 feet of physical distance allowed if the business posts the Ventilation Checklist and implements at least one measure in the room. Otherwise 12 feet distancing required between people engaged in aerobic exercise. △</li> <li>c. Group fitness classes maximum 200 people not including personnel. △</li> </ul> </li> <li>2. Hot tubs capacity limits up to 50% with physical distancing. △</li> <li>3. Locker rooms and showers allowed up to 25% with implementation of at least one ventilation measure plus additional restrictions.</li> <li>4. Saunas and steam rooms capacity limits up to 25%. △</li> <li>5. Eating is allowed in a separate room or separate space which must be 12 feet from others. (see dining for additional guidance).</li> <li>6. If any activity involves removal of masks, business is required to post Ventilation Checklist and implement at least one measure.</li> <li>7. Vaccination and Ventilation signage must be posted in area for personnel.</li> </ul>
		Outdoor Restricted	<ul> <li>Change as of Thursday, May 6, 2021</li> <li>1. Outdoor gyms and fitness classes allowed, no capacity limits.</li> <li>2. Outdoor hot tubs capacity limits up to 100% with physical distancing. △</li> <li>3. Six feet physical distancing and mask required (see outdoor gatherings). △</li> </ul>
Personal Services Directive 2020-23 Directive 2020-30	Hair Salons, Barber Shops, Nail Salons, Massage, Estheticians, Skin Care, Cosmetology, Electrology, Tattooing, Piercing, Microblading	Indoor Restricted	<ol> <li>Change as of Thursday, May 6, 2021</li> <li>Personal services capacity limits up to 50% (not including personnel).</li> <li>Implement metering system to enforce capacity limits.</li> <li>Services that involve removal of masks are allowed but must be done at least 6 feet from others or in a separate room. Personnel are required to wear eye protection and a well-fitted mask. N95s are strongly recommended.</li> <li>Saunas, steam rooms, and hot tubs allowed (see indoor gyms/fitness centers). △</li> <li>Facial tattoos or piercing not allowed.</li> <li>If any activity involves removal of masks, business is required to post Ventilation Checklist and implement at least one measure.</li> <li>Vaccination and Ventilation signage must be posted in area for personnel.</li> </ol>
		Outdoor Allowed	Change as of Wednesday, March 24, 2021  1. Services that involve removal of masks are allowed but must be done at least 6 feet from others. Personnel are required to wear eye protection and a well-fitted mask. N95s are strongly recommended.  2. Facial tattoos or piercing not allowed.
Museums, Aquariums, and Zoos Directive 2020-32 Appendix C-1	Museums, Aquariums, and Zoos	Indoor Restricted	<ol> <li>Change as of Thursday, May 6, 2021</li> <li>Museums, Aquariums, and Zoos capacity limits up to 50% (not including personnel).</li> <li>Interactive exhibits may open with sanitation, distancing, and other safety protocols.</li> <li>Coat check may open.</li> <li>Auditoriums may open for movie and live performances.</li> <li>Conference rooms, business centers, lounge areas and other gathering places allowed for convention and meeting events with capacity limits up to 200, 300, or 400 based off indoor / outdoor, COVID-19 testing requirements, vaccination status and other restrictions. △</li> <li>Indoor dining, food and beverage concessions allowed (see indoor dining).</li> <li>Indoor retail allowed (see retail store capacity limits).</li> <li>Vaccination and Ventilation signage must be posted in area for personnel.</li> </ol>
		Outdoor Allowed	Change as of Thursday, April 15, 2021  1. Outdoor Museums, Aquariums, and Zoos allowed, no capacity limits.



Movie Theaters Order C19-07 Appendix C-1 Directive 2020-35	Movie Theaters	Indoor Restricted	<ol> <li>Changes as of Thursday, May 6, 2021</li> <li>Movie theaters capacity limits up to 50% (max. 500 people per screen). △         <ul> <li>a. Live performances up to 200 patrons allowed consistent with Movie Theater rules.</li> <li>b. Live performances for over 200 patrons must follow indoor seated performances rules (see section 27 of Order No. C19-07v – Appendix C-1)</li> <li>c. Accompanying live performances (e.g., spoken introduction or solo musician) allowed at all capacities</li> </ul> </li> <li>Food and beverage concessions allowed. Food and beverage must be consumed at assigned movie theater seat or designated seating area. (see indoor dining)         <ul> <li>a. Inside the movie screening room group capacity limit is up to 8 people with no household limit. Each group must be 6 feet from others. △</li> <li>b. Outside the movie screening room, designated eating seating area is allowed in a separate room or separate space which must be 12 feet from others.</li> </ul> </li> <li>If any activity involves removal of masks, business is required to post Ventilation Checklist per screen and implement at least one measure.</li> <li>Patrons with health risks and members of their household are strongly encouraged to get fully vaccinated. △</li> <li>Vaccination and Ventilation signage must be posted in area for personnel.</li> <li>Designate and implement a COVID-19 Worksite Safety Monitor.</li> </ol>
Playgrounds and Family Entertainment Centers Appendix C-1 Appendix C-2	Naturally distanced (Bowling Alleys, Billiard Halls, Miniature Golf), Naturally Closer activities (Arcade Game Centers, Ice and Roller Skating Rinks, and Indoor Playgrounds), Outdoor (Skate parks, Roller and Ice rinks, Batting Cages, Mini-Golf, and Outdoor Playgrounds)	Indoor Restricted  Outdoor Restricted	<ol> <li>Changes as of Thursday, May 6, 2021</li> <li>Naturally distanced and naturally closer activities         <ul> <li>Capacity limit up to 50% (not including personnel).</li> <li>Mask required. △</li> </ul> </li> <li>Indoor dining allowed in a separate room or designated dining space must be 12 feet from others. (see dining for additional guidance).</li> <li>Vaccination and Ventilation signage must be posted in area for personnel.</li> <li>Change as of Thursday, May 6, 2021</li> <li>Ferris wheels, carrousels, trampolines, and train rides allowed, mask required, each space must be 6 feet apart △</li> <li>Outdoor skate parks, outdoor roller and ice rinks are allowed.</li> <li>Outdoor playgrounds, outdoor batting cages &amp; outdoor mini-golf allowed.</li> </ol>



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Religious and Cultural Ceremonies Order No. C19-07 Directive 2020-34  Gatherings (Religious Activities and Political Protests)	Churches, Temples, Synagogues, Mosques and other Places of Worship (including primary residences or other facilities)  Religious Activities, Political Protests	Indoor Restricted  Outdoor Outdoor Restricted	<ol> <li>Change as of Thursday, May 6, 2021</li> <li>Religious, Cultural Ceremonies, and other religious exercise capacity limits up to 50% (not including personnel).</li> <li>Singing, speaking, chanting and wind instruments allowed (see indoor gatherings).</li> <li>Attendees with health risks and members of their household are strongly encouraged to get fully vaccinated. △</li> <li>If any activity involves removal of masks, business is required to post Ventilation Checklist and implement at least one measure.</li> <li>Vaccination and Ventilation signage must be posted in area for personnel.</li> <li>See Gatherings (Religious Activities and Political Protests)</li> <li>Change as of Thursday, January 28, 2021</li> <li>Religious Activities and Political Protest allowed, no capacity limits, social distancing is required.</li> <li>Singing, raised voices, chanting and wind instruments allowed (see outdoor gatherings).</li> </ol>
Order No. C19-07 Appendix C-2 Directive 2020-19			
Indoor Gatherings Order No. C19-07 Directive 2020-19	Small Gatherings (small groups that are non-private settings e.g. Adult Day Programs, Community Centers for Older Adults and Adults with Disabilities, religious exercise) Private Social Gatherings (in private settings, primary residences, or setting not involving a business or facility staff, includes religious exercise)	Indoor Restricted	<ul> <li>Changes as of Thursday, May 6, 2021</li> <li>Indoor Small Gatherings <ul> <li>a. Capacity limit up to 50% of facility (max. 50 people) and mask required. △</li> <li>b. Eating or drinking allowed (see indoor dinning). △</li> </ul> </li> <li>Indoor Private Social Gatherings <ul> <li>a. Capacity limit up to 50% of facility (max. 50 people) and mask required for unvaccinated individuals. △</li> <li>b. Gatherings involving multiple households can include unmasked fully vaccinated individuals with: <ul> <li>(1) unmasked fully vaccinated individuals or (2) unmasked unvaccinated low risk individuals from a single household.</li> </ul> </li> <li>3. Singing, raised voices, chanting and playing wind instruments. Performers must be 6 feet of distance from other households. Anyone who is singing, speaking, or chanting must wear a mask and anyone playing any wind instruments must have an instrument cover. △</li> </ul> </li> </ul>
Outdoor Gatherings Order No. C19-07 Directive 2020-19	Small Gatherings (e.g. receptions, gatherings at a park) Drive-In Gatherings (Drive in Movie Theaters)	Outdoor Restricted	<ul> <li>Changes as of Thursday, May 6, 2021</li> <li>1. Outdoor Small Gatherings <ul> <li>a. A maximum of 75 people may gather outdoors, and eating is allowed. △</li> </ul> </li> <li>2. Drive-In Gatherings <ul> <li>a. Capacity limits of up to 100 Vehicles.</li> <li>b. Food and beverage concessions allowed. Must follow distancing and masking protocols with ordering and pickup.</li> </ul> </li> <li>3. Singing, raised voices, chanting and playing wind instruments. Individual performers and audience members must be 6 feet of distance from others outside their household and follow masking protocols. △</li> <li>4. Masking: Masks should be kept-on hand and do not need to be worn unless: △</li> <li>a) Physical distancing from others cannot be maintained, 6 feet distancing recommended.</li> <li>b) If present at a crowded (over 300 people) event or setting, regardless of distancing.</li> <li>c) Going indoors for any reason.</li> <li>d) Personnel are required to wear a well-fitted mask when interacting with the public.</li> <li>e) If you're unvaccinated you are urged to wear masks.</li> </ul>
Outdoor Music and Art Festivals and Performances Order No. C19-07 Directive 2021-02	Outdoor Performances	Outdoor Restricted	<ol> <li>Changes as of Thursday, May 6, 2021</li> <li>A maximum of 100 people may attend festival or performance with seating. △</li> <li>No assigned seating required but members of different households must maintain physical distance, 6 feet distancing recommended. △</li> <li>If food is available, seated groups up to 8 people with no household limits.</li> <li>Food and beverage are allowed for consumption only while in assigned seating.</li> <li>Live entertainment allowed including singing, speaking, chanting and wind instruments (see outdoor gatherings).</li> <li>The organizer must submit a health and safety plan.</li> <li>Must be in-state resident or fully vaccinated out-of-state resident to attend festival.</li> </ol>



	CA State's List		Changes as of Thursday, May 6, 2021
	Low Contact		1. If any activity involves removal of masks, business is required to post <u>Ventilation Checklist</u> ,
	(badminton, bowling,		strongly encouraged to implement at least one measure.
	curling, dancing		2. Indoor recreation facilities capacity limits <b>up to 50%</b> (max. 200 people). △
	without contact,		3. Spectators are allowed. See indoor gatherings or indoor seated performances rules (see
Indoor Recreation	gymnastics, ice skating,		section 27 of Order No. C19-07v – Appendix C-1)
	physical training,		4. Locker rooms and showers are allowed (see gyms/fitness center).
	swimming and diving,		5. Informal/individual sports
	singles tennis and		a. Allowed for all ages and masks required for all participants and personnel, except for
	pickleball, track and		swimming and diving.
	field) <b>Moderate</b>		b. Low and moderate contact sports with <b>up to 12</b> people.
Order No. C19-07	Contact (volleyball,		c. High contact sports not allowed.
Appendix C-1	squash, racquetball,	Indoor	6. Organized/supervised sports
Appendix C-2	· ·	Restricted	
Directive 2020-15	partner dance,		a. Allowed for all ages and masks required, except for sports with suffocation risk (e.g.,
Directive 2020-24	dodgeball, kickball, doubles tennis and		wrestling, water sports, judo) which also include COVID testing requirements. $\triangle$
Directive 2021-01			b. Low, moderate, and high contact sports with <b>25</b> participants per team.
	pickleball) and <b>High</b>		c. Can compete with only one other team per day.
	Contact (basketball, ice		d. Out-of-state travel not allowed; cannot play out-of-state teams.
	hockey, martial arts,		7. Swimming Pools
	water polo, wrestling)		a. No classes allowed (except swimming safety) with total capacity limits <b>up to 50%</b> , must
			have distancing requirements between swimmers. △
			b. 2 swimmers allowed per swim lane.
			c. Must wear a mask except while swimming and diving.
			d. Hot tubs capacity limits <b>up to 50%</b> with physical distancing. $\triangle$
	CA State's List		e. Saunas, steam rooms allowed with capacity limits <b>up to 25%</b> . $\triangle$
	Low Contact (frisbee,		Changes as of Thursday, May 6, 2021  1. Spectators are allowed. See outdoor gatherings or outdoor seated performances rules (see
	bocce ball, lawn		section 27 of Order No. C19-07v – Appendix C-1)
	bowling, walking,		2. Informal/individual sports
	running, hiking, biking,		a. Allowed for all ages, 6 feet distancing required, except for transient contact or if fully
	throwing a ball,		vaccinated.
	swimming and diving		b. Masks required for all participants and personnel, except for low contact sports
	tennis, pickleball, golf),	leball, golf), e Contact n, baseball, eading, all, field /mnastics, Outdoor	maintaining 6 feet distancing. $\triangle$
	Moderate Contact		c. Low and moderate, and high contact sports with <b>up to 25</b> people.
	(badminton, baseball,		d. If the sport cannot be played with a mask, it is not allowed.
Outdoor	cheerleading,		3. Organized/supervised sports
Recreation Order No. C19-07	dodgeball, field hockey, gymnastics, <b>C</b>		a. Allowed for all ages and masks required for all participants and personnel, except for
			b. (1) low contact sports with 6 feet distancing, (2) sports with suffocation risk (e.g.,
Appendix C-2			wrestling, water sports, judo) which also include COVID testing requirements, and (3)
Directive 2020-15	tennis, pickleball and	nestricted	when all participants and personnel show proof of full vaccination. △
Directive 2020-24	women's lacrosse) and		c. Low, moderate, and high contact sports with <b>50</b> participants per team
Directive 2021-01	High Contact		d. Can compete with only one other team per day, except for sports where players
	(basketball, football,		compete individually. $\triangle$
	men's lacrosse, rugby,		e. Out-of-state travel not allowed; cannot play out-of-state teams.
	rowing/crew, soccer,		4. Swimming Pools
	water polo)		a. Swimming lessons and low-impact classes allowed, must have distancing requirements
	water poloj		between swimmers.
			b. 4 swimmers allowed per swim lane.
			c. Must wear a mask except while swimming and diving.
			d. Locker rooms and showers are allowed (see gyms/fitness center).
			4. e. Outdoor hot tubs capacity limits <b>up to 100%</b> with physical distancing. △
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Outdoor /

Indoor

Restricted

### **Guidance**

### Long Term Care Facilities

Order No. C19-03c Order No. C19-01d Order No. C19-09c Includes:
Skilled Nursing
Facilities (SNF);
Resident Care Facilities
for the Elderly (RCFE);
Adult Residential
Facility (ARF);
Residential Care
Facilities – Continuing
Care, Social
Rehabilitation
Facilities, and
Residential Care
Facility for the

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#### Change as of Thursday, March 10, 2021

- 1. Visitation implementation must align with CA State Guidance (CDPH and CDSS) or visitation at Long Term Care Facilities. Review CA state guidance for policies and procedures.
  - a. "Necessary" visits may occur when there is an urgent health, legal, time-sensitive, or other critical need.
  - b. "Allowed" Indoors in both a communal space and in-room.
  - c. Alternatives to indoor visits (such as facility window visits, vehicle visits, outdoor visits, and telephone/video visits).